



# COMMUNITY HEALTH IMPROVEMENT PLAN

WITH IMPLEMENTATION STRATEGIES FY2024-2026

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**PREVENT AND MANAGE CHRONIC DISEASE**

**Goal: Diabetes**

By June 2026, Harvey County will decrease the diabetes hospital admission rate by increasing the proportion of people with diabetes who get formal diabetes education and resources.

- **Baseline:** 16.8 per 10,000
- **Target:** 13 per 10,000
- **Data Source:** Kansas Health Matters (retrieved 5/2023)

Reduce proportion of older adults who use inappropriate medications - Healthy People (HP) 2030-OA-02  
Harvey County CHN

STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Development and implement a disease-specific Community Health Care Plan that includes a comprehensive Diabetes resource component.	NMC Health will commit to visiting multiple community outreach programs for varying age groups to share Diabetes resources and information.	Diabetes Presentations to 1-2 community programs.		
Increase the proportion of people with diabetes who get formal diabetes education.	NMC Health will commit to providing increased access for Diabetes Education by expansion of services to the NMC Health clinics in Hesston, Valley Center, Park City and North Amidon.	Expansion of Diabetes Education to one off-site clinic.		
Diabetes Education-trend # participants	Diabetes Education Participants will demonstrate a reduction in HgbA1c's with a goal of <7 for the program.	The Diabetes Educator follows participants for 6 months and obtains an HgbA1c at the end of that time period.		
Work (engage) with pediatric diabetic/pre-diabetic populations	NMC Health will partner with Elementary Schools on Diabetes prevention through healthy eating habit early education.	Partner with 2 elementary schools in Newton to offer education on healthy eating habits.	Expand partnership to elementary schools in Halstead and Burrton.	Expand partnership to elementary school in Hesston.

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

<b>Support community organizations with efforts to provide early education healthy eating programs</b>	<b>NMC Health will sponsor the Kansas Learning Center for Health’s (KLCH) healthy eating education program for Newton Elementary School Students</b>	Sponsor KLCH as part of our annual community giving efforts to provide programs to Newton students.		
<b>Provide a free monthly diabetes support group for education to those in our community with diabetes and/or their caregivers</b>	<b>Expand monthly attendance in NMC Health’s Diabetes Support Group by 25% by 2026.</b>	Benchmark current attendance levels and patterns.  Increase attendance by 5% by year end.		
<b>Increase free exercise opportunities</b>	<b>Continued support of Life path, fitness path accessibility.</b>	Promote use of the Life path both internal and external to NMC Health.		
<b>Provide diabetes screening regardless of medical care access</b>	<b>Initiate one marketing strategy for Diabetes screening.</b>	Assess marketing strategies for promotion of Diabetes screenings. Initiate new or expand existing strategy by year end.		
<b>NMC Health will have a representative on the Harvey County Wellness Committee</b>	<b>Chronic Disease Directory development.</b>	NMC Health will designate one person to be a representative to Chronic Disease Directory project.		
<b>Identified need for individuals to understand the importance of accurate medication lists</b>	<b>Medication Maintenance List Education to be developed by NMC Health/Home Care.</b>	NMC Health   Home Care shall host 1 event in year 1. Event shall aid in creating an accurate medication list and educating on the benefits of utilizing a medication organizer.	NMC Health   Home Care shall host 2 events. Events shall aid in creating an accurate medication list and educating on the benefits of utilizing a medication organizer.	NMC Health   Home Care shall host 2 events. Events shall aid in creating an accurate medication list and educating on the benefits of utilizing a medication organizer.
<b>CROSS-WALK</b>	High blood pressure, healthy food access. Focus on previous CHIP walking trails, Lions Club diabetes			
<b>PREVIOUS WORK</b>	Walking trails, Walkie-Talkies at NMC Health			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: CCO- Heather Porter; Director of Outpatient Services-Tabitha Weikle; Diabetic Educator-Humda Real; VP Clinics-Alex Haines; Director of Marketing -Shelly Conrady; Director of Home Care-Tara Kitzke; Director of Volunteer Services- Suz McIver</b>				

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

**PREVENT AND MANAGE CHRONIC DISEASE**

**Goal: Cancer screenings**

By June 2026, increase the proportion of people completing cancer screenings by increasing the proportion of people who discuss intentions to prevent cancer with their providers (HP 2030 C-R02), increasing the episodes of educational offerings, informing of suggested screening protocols and engaging Family Practice Providers to talk about low-cost/no-cost screening offerings.

- **Baseline:** 71.4% of Mammogram in past 2 years (50-74); Cervical Cancer Screening: 21-65 (82.8%); 70% Colon Cancer Screening USPSTF\*
- **HP2030/CHIP Target:** 80.5% of Mammogram in past 2 years (50-74); Cervical Cancer Screening: 21-65 (84.3%); 74.4% Colon Cancer Screening USPSTF\*
- **Data Source:** Kansas Health Matters (retrieved 5/2023)

STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Promotion of annual screenings	Family practice settings screenings promotion/event.	NMC Health clinics will initiate one marketing strategy for annual wellness physicals for all persons.	Continue prior year efforts. Goal to increase % of patients scheduling annual wellness exams vs prior year.	Continue efforts. Goal to improve on % of patients scheduling annual wellness exams vs prior year.
Consider cultural and linguistic barriers when promoting cancer screenings	Evaluate current practices, establish areas of opportunity, develop implementation plan, and means of measurement.	Assess and develop implementation plan for addressing literacy in the hospital and any applicable educational efforts.	Complete implementation plan and educational efforts. Measure and report results.	Evaluate success, adjust efforts as needed. Measure and report on continued efforts.
Increase screening locations opportunities for improved access, with a focus on underserved populations	Collaborate with Health Ministries Clinic (HMC) to deliver screening events to underserved populations.	Explore collaboration opportunities. Host a collaborative planning meeting with HCHM.	Pilot one screening event.	Build a plan for expanded screening events.
NMC Health Representative to the Harvey County Wellness Committee	Chronic Disease Directory development.	NMC Health will designate one person to be a representative to Chronic Disease Directory project.		
<b>CROSS-WALK</b>				
<b>PREVIOUS WORK</b>	In the past CHIP one of the goals was to engage Family Practice to increase usage of ADA pre-diabetic screening tool.			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: VP of Clinics- Alex Haines; Director of Imaging-Holly Terrell; Director of Marketing-Shelly Conrady</b>				

**PREVENT AND MANAGE CHRONIC DISEASE**

**Goal: Decrease Cardiac Disease**

By June 2026, decrease the proportion of adults diagnosed with hypertension (HP2030 HDS-04) by improving access for BP checks and referring to existing resources such as the Healthy heart ambassador or K-State Research & Extension programs. The goal is for individuals to develop their “disease” care plan.

- **Baseline:** 30.2%
- **Target:** 27.7%
- **HP2030 Target:** 42.6%
- **Data Source:** Kansas Health Matters (retrieved 5/2023)

STRATEGIES	ACTION STEP	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Determine major employers who have health/wellness incentives built into their Healthcare benefits	NMC Health to offer wellness incentives in the following ways to NMC Health employees: <ul style="list-style-type: none"> <li>• Employee Wellness Committee</li> <li>• Discount to fitness center</li> </ul>	Establish annual wellness incentive plan.		
Increase number of employers with policies that promote wellness in the workplace to help reduce the risk of high blood pressure among employees	Collaborate with Harvey County Wellness Committee and other community organizations as initiatives development.	Inform and utilize community developed incentives at NMC Health.		
Improve the proportion of adult stroke and heart attack survivors that participate in rehab services	NMC Health will commit to strategize with community outreach programs to increase resources and information regarding Cardiac disease for the community.	NMC Health will utilize the TAKEheart program to increase access for patients to enter and complete Cardiac Rehab.		

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

<b>Develop educational opportunities regarding healthy food options, healthy steps, and weight management</b>	<b>Under the guidance of the COO the Employee Wellness committee will develop this education.</b>	Plan an annual Wellness education plan for NMC Health.		
<b>Provide basic heart health and blood pressure awareness to the community at large</b>	<b>NMC Health will include monthly social media efforts to educate the community on cardiac risks, prevention and statistics.</b>	Establish social media posting calendar. Post a minimum of 1 time per month.  Establish a blog calendar and evaluate a possible podcast strategy featuring NMC Health providers. Implement based on results by year end.	Evaluate effectiveness of efforts. Adjust as needed. Post a minimum of 1 time per month.	Evaluate effectiveness. Adjust as needed. Post a minimum of 1 time per month.
<b>NMC Health Representative to the Harvey County Wellness Committee</b>	<b>Individual to be designated by NMC Health.</b>	NMC Health will designate one person to be a representative to Harvey County Wellness Committee.		
<b>Identified need for individuals to understand the importance of accurate medication lists.</b>	<b>Medication Maintenance List Education to be developed by NMC Health   Home Care.</b>	NMC Health   Home Care shall host 1 event in year 1. Event shall aid in creating an accurate medication list and education on the benefits of utilizing a medication organizer.	NMC Health   Home Care shall host 2 events. Event shall aid in creating an accurate medication list and education on the benefits of utilizing a medication organizer.	NMC Health   Home Care shall host 2 events. Event shall aid in creating an accurate medication list and education on the benefits of utilizing a medication organizer.
<b>CROSS-WALK</b>	Food & Farm, Creative Placemaking, Diabetes & Social and Economic Growth CHIP			
<b>PREVIOUS WORK</b>	K-State Research & Extension HAARP, Health Ministries blood pressure checks on mobile unit, CHIP			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: COO-Todd Tangeman; Director of Human Resources-Jaime Lopez; Director of Home Care-Tara Kitzke</b>				

**BIRTH OUTCOMES**

**Goal: Prevent pregnancy complications and maternal deaths and improve women’s health before, during, and after pregnancy**

**By June 2026, increase the proportion of pregnant women who receive early and adequate prenatal care, as defined by the adequacy of prenatal care utilization (APNCU) measure. (HP2030: MICH-08)**

- **Baseline:** 48.5% (or 164 of 340 births)
- **Target:** 53% of births
- **HP2030 Target:** 80.5%
- **Data source:** CMS access

STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
<b>Improve the health and well-being of mothers, infants, children and youth, including those with special health care needs, and their families. (KDHE’s Maternal &amp; Child Health purpose)</b>	<b>The Safe Sleep program will continue internally and offered at external events.</b>	Safe Sleep education will be offered at the Community Baby Shower and the Community Safety Fair.		
	<b>NMC Health will offer Car Seat Check Lanes.</b>	Two car seat Check Lanes will be offered annually.		
<b>CROSS-WALK</b>				
<b>PREVIOUS WORK</b>	Active Infant Transition Team pre-COVID, WIC, Breastfeeding Coalition, Connection Moms (virtual mainly new mom community through Central KS Community FDN grant), NMC Health conversations as of March 2023, Baby Shower events (pop-up and full)			
<b>Lead Agency/Organization</b>	Community Health Worker – Chris Allen & NMC Health			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Director of Family Birthing Center-Misty Friesen</b>				



<b>BIRTH OUTCOMES</b>				
<b>Goal: Prevent pregnancy complications and maternal deaths and improve women’s health before, during, and after pregnancy</b>				
By June 2026, reduce the rate of infant deaths (within 1 year of age). from 9.2/1,000 to 8.0/1,000. (HP2030: MICH02)				
<ul style="list-style-type: none"> <li>• <b>Baseline:</b> 9.2/1,000</li> <li>• <b>Target:</b> 8.0/1,000</li> <li>• <b>HP2030 Target:</b> 5/1000</li> <li>• <b>Data source:</b> Kansas Health Matters (accessed 5/2023)</li> </ul>				
STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Encourage obstetric, pediatric and family medicine practices to adopt policies to support safe sleep, breastfeeding, tobacco cessation, mental health care, and substance use	NMC Health hosts an established Lactation office which is staffed by a certified lactation consultant 4 days/week. The consultants are available for consults to patients in other units.	Promote lactation consultant services.		
<b>CROSS-WALK</b>				
<b>PREVIOUS WORK</b>	Breastfeeding Coalition- baby showers, Safe Sleep/Back to Sleep education, Infant Toddler Services- specifically special education, KAIMH agency interaction			
<b>Lead Agency/Organization:</b> NMC Health & Community Health Worker				
<b>DEPARTMENT/DIRECTOR RESPONSIBLE:</b> Chief Clinical Officer-Heather Porter; Director of Family Birthing Center- Misty Friesen				



**BEHAVIORAL HEALTH**

**Goal: Reduce youth substance use and increase positive mental health measures in adolescents in the county**

By June 2026, the following results will occur:

- Reduction of current tobacco use in adolescents
- Increase the % of children and adolescents who show resilience to challenges and stress
- Increase the % of adolescents who think substance abuse is risky
- Increase the % of children and adolescents who get preventive mental health care in school (HP2030 EMC-D06 – Developmental Status)

**Depression**

- **Baseline:** 36.4%
- **Target:** 33.5%

**Suicide attempts**

- **Baseline:** 10.8%
- **Target:** 9.5%

**30-day use of vapes, alcohol, and marijuana**

- **Baseline:** 4.2%, 6.5%, 3% respectively
- **Target:** 3.5%, 5.5%, 2%

**Risk of harm of vaping, alcohol, and marijuana**

- **Baseline:** 6.9%, 9.5%, 10.4% respectively
- **Target:** 6.5%, 9%, 10%

Data Source: Kansas Communities that Care survey - Harvey

County

STRATEGIES	ACTION STEP	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Provide basic teen substance abuse and mental health awareness to the community at large	NMC Health will include quarterly social media efforts to educate the community on teen risks, prevention and statistics.	Establish social media posting calendar. Post a minimum of 1 time per quarter.	Evaluate effectiveness of efforts. Adjust as needed. Post a minimum of 1 time per quarter.	Evaluate effectiveness of efforts. Adjust as needed. Post a minimum of 1 time per quarter.
Support of community organization STAND	NMC Health will donate annually to facilitate the work of the STAND organization.	An annual donation will be made.		
CROSS-WALK				
PREVIOUS WORK	STAND carries out youth-led middle school presentations each year, so the focus would be strengthening the mental health peer-to-peer aspect of their work.			

Lead Agency/Organization: Mirror, Inc.; STAND; school districts

DEPARTMENT/DIRECTOR RESPONSIBLE: Director of Respiratory Care-Darin Schmidt; Director of Marketing-Shelly Conrady

<b>BEHAVIORAL HEALTH</b>				
<b>Goal: Improve Mental Health</b>				
By June 2026, increase the proportion of Medicare adults who were treated for depression from 22% to 24% (HP 2030: MHMD-05)				
<ul style="list-style-type: none"> <li>• <b>Baseline:</b> 22%</li> <li>• <b>Target:</b> 24%</li> <li>• <b>HP2030 Target:</b> 69.5%</li> <li>• <b>CHIP 2023 Target:</b> NA</li> <li>• <b>Data source:</b> Kansas Health Matters</li> </ul>				
<b>STRATEGIES</b>	<b>ACTION STEPS</b>	<b>OUTPUTS</b>		
		<b>Short-term (6 mo. – 1 year)</b>	<b>Intermediate (1.5 - 2 years)</b>	<b>Long-term (2-3 years)</b>
<p><b>Investigate and/or develop a Train the Trainer curriculum for a model intervention aimed at community gatekeepers/lay persons</b></p> <p><b>Development of Community Behavior Health Care Plans</b></p>	<p><b>NMC Health will collaborate with local organizations to offer mental health education.</b></p> <p><b>To collaborate with Senior Behavioral Health Center (SBHC) LMSW.</b></p> <p><b>Community behavioral health follow up plans following discharge from hospital.</b></p> <p><b>Training for completion of SACK (Substance Abuse Center of Kansas) assessments.</b></p> <p><b>NMC Health- expansion of Behavioral Health services planning.</b></p>	<p>NMC Health will host one Mental Health First Aide class to the community.</p> <p>Develop content.</p> <p>Case Management will evaluate community behavioral health options available.</p> <p>Evaluate opportunity to complete on-site substance abuse assessments</p> <p>Evaluate opportunities to expand Behavioral Health services planning</p>		
<p><b>Provide basic mental health awareness to the community at large and direct to available resources</b></p>	<p><b>NMC Health will include bi-monthly social media efforts to educate the community on mental health risks, prevention and statistics.</b></p>	<p>Establish social media posting calendar. Post a minimum of 6 time per year.</p>	<p>Evaluate effectiveness of efforts. Adjust as needed. Post a minimum of 6 times per year.</p>	<p>Evaluate effectiveness of efforts. Adjust as needed. Post a minimum of 6 times per year.</p>

<p><b>Identified in the CHNA 911 call history was an increased level of the Harvey County Crime index (#/000) from 21.2 in 2020 to 24.6 in 2021</b></p>	<p><b>Hospital Resource Officer Program</b></p> <ul style="list-style-type: none"> <li>• Bring officers to NMC Health multiple times during the night shift for patrol and surveillance</li> <li>• Connect HROs with on-duty staff;</li> <li>• Build rapport and confidence in each other;</li> <li>• Enhance perceptions of feeling safe in our workspaces (for staff AND HROs);</li> <li>• Keep HROs informed of potential points of behavioral escalation so they don't walk into a situation "cold";</li> <li>• Pre-empt escalations whenever possible by working together in advance;</li> <li>• Build trust.</li> </ul>	<p>Assessment and implementation.</p>		
<p><b>CROSS-WALK</b></p>	<p>Youth not affected by Behavioral Health 2023-26 other goal, Partner agency</p>			
<p><b>PREVIOUS WORK</b></p>	<p>Mental Health First Aid classes by Prairie View</p>			
<p><b>DEPARTMENT/DIRECTOR RESPONSIBLE: Executive Director of Clinical Outcomes (EDCO)-Kara Ouellette; Director of Marketing- Shelly Conrady</b></p>				

<b>BEHAVIORAL HEALTH</b>				
<b>Goal: Workforce Safety</b>				
<b>Healthy People 2030</b>				
By June 2026, Reduce work-related assaults (HP 2030: OSH-05)				
<b>STRATEGIES</b>	<b>ACTION STEPS</b>	<b>OUTPUTS</b>		
		<b>Short-term (6 mo. – 1 year)</b>	<b>Intermediate (1.5 - 2 years)</b>	<b>Long-term (2-3 years)</b>
<b>Promotion of safe care and work environment</b>	<b>NMC Health will provide space and support to an NPD substation onsite at the Medical Center.</b>	Space will continue to be designated for the Hospital Resource Officers.	95% completion rate	
	<b>OSHA or Safety Officer to educate Leadership on workplace violence mitigation.</b>	Education on workplace violence mitigation to be offered at least once.		
	<b>NMC Health providers and staff participate in required annual TEAM Essentials.</b>	90% completion rate		
<b>Prioritize advocacy for healthcare worker safety</b>	<b>NMC Health will provide resources/education for staff members.</b>	Healthcare worker safety education offered at least once per year.		
<b>CROSS-WALK</b>				
<b>PREVIOUS WORK</b>	Rise in incidents of violent behavior with patients			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE:</b>				

**SOCIAL AND ECONOMIC GROWTH**

**Goal: Housing**

By June 2026,

Decrease the % of HH with severe housing problems (1 of 4: overcrowding, high housing costs, lack of kitchen, lack of plumbing)

- Baseline: 10%
- Target: 9%
- HP2030 Target: NA
- CHIP 2023 Target: 10%
- Data Source: County Health Rankings 2023

Decrease percentage of homes that have an entrance without steps.

- Baseline: TBD
- Target:
- HP2030 Target: 53.1%
- Data Source:

Decrease rate of emergency department visits due to falls among older adults.

- Baseline: TBD
- Target:
- HP2030 Target: 5,447/100,000
- Data Source: NMC Health

Decrease fall-related deaths among older adults.

- Baseline: TBD
- Target:
- HP2030 Target: 63.4/100,000
- Data Source: TBD

Number of residents engaged in efforts.

Number of Policy, System, and Environmental Changes.

Data Source: Supervising agency

STRATEGIES	ACTION STEP	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Agencies hosting, physically and fiscally, Community Health Workers to assist those with housing difficulties to access services	NMC Health will provide coordinated resource referrals for those who identify as unhoused.	Develop report that identifies number of patients that report status as unhoused.	Develop specific community Care Plan for unhoused.	Measure.
Rejuvenate the Para-Med Program	NMC Health will assist in coordinated referrals for those who highly utilize emergency services in Harvey County.	Feasibility assessment for Community Case Manager.		
Community Health Worker underwritten by NMC Health	NMC Health will pursue grant support to offer a Community Case Manager (CCM) housed at the Medical Center.	EDCO will assess scope of position and work with NMC Health Grant Writer.		

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

<b>Home Health/volunteers-ramp program</b>	<b>Community Case Manager (CCM) to develop community coordinated resource for populations that identify barriers to house access.</b>	CCM work with volunteers to assemble a community resource tool for ramp assistance.		
<b>CROSS-WALK</b>	Safety, Employment, Education, Chronic Disease, Poverty			
<b>PREVIOUS WORK</b>	2020-2023 CHIP			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Executive Director of Clinical Outcomes (EDCO)- Kara Ouellette; Director of Volunteer Services- Suz McIver</b>				



**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

**SOCIAL AND ECONOMIC GROWTH**

**Goal: Child Care**

**By June 2026, reduce childcare cost burden from 23% to 20%**  
**Number of childcare slots needed to meet needs (capacity) of Harvey County.**

- **Baseline:** 1132
- **Target:** TBD
- **Data Source:** KDHE Child Care Licensing, 2019/survey of Harvey County residents

STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Promote assistance available for parents to pay for childcare	Assess existing data for Newton and/or Harvey County; extrapolate for NMC Health impact.	Research data and analyze for applicability to NMC Health.		
	NMC Health liaison with Newton Chamber of Commerce regarding childcare vendors and opportunities within the community.	Provide communication resources to NMC Health employees regarding child care opportunities in the community.		
	NMC Health to coordinate communication strategy regarding YMCA day program for child care activities.	NMC Health will inform and assist employees with making connections with the YMCA and Community Child Care services through the HR office.		
<b>CROSS-WALK</b>	Poverty, Employment; Behavioral Health Priority; Birth Outcomes/Family Planning/STI Priority To invite: DCF, Ministerial Alliances			
<b>PREVIOUS WORK</b>	2020-2023 CHIP; Leadership Team created under HHC – partnership of Newton Public-Private Partnership & Chamber of Commerce, HvCnty ICC, Harvey County United Way, Healthy Harvey Coalition, and area businesses, Child Care Licensing			

**DEPARTMENT/DIRECTOR RESPONSIBLE: Director of Human Resources- Jaime Lopez; Chief Operating Officer-Todd Tangeman**

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

**SOCIAL AND ECONOMIC GROWTH**

**Goal: Transportation**

By June 2026, increase the proportion of

**Bike Friendly Businesses**

- **Baseline:** 0
- **Target:** 3
- **Data Source:** League of American Bicyclists

**Bike Friendly Universities**

- **Baseline:** 0
- **Target:** 1
- **Data Source:** League of American Bicyclists

**Bike Friendly Communities**

- **Baseline:** 0
- **Target:** 1
- **Data Source:** League of American Bicyclists

**New policies adopted to support public and active transportation**

- **Baseline:** 0
- **Target:** 3
- **Data Source:** Lead Agencies records

STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
<b>Become a “Bike Friendly Community”</b> <ul style="list-style-type: none"> <li>• repair station/ lighting</li> <li>• racks</li> <li>• Bike Share Program participant</li> </ul>	<b>NMC Health to identify steps to implement Bike Share Program.</b>	Identification of steps needed to implement Bike Share program on campus <ul style="list-style-type: none"> <li>• Bike repair station is in place</li> <li>• Bike racks are in place</li> </ul>	Determine NMC Health’s capability to manage a Bike Share Program on campus.	Implement if appropriate.
<b>Expand sidewalk between NMC Health and YMCA for a “closed loop” pathway</b>	<b>NMC Health will actively seek feasibility of expansion of the sidewalk between the NMC Health campus and YMCA.</b>	Determination of logistics for sidewalk expansion.	Consider planning for sidewalk expansion.	Complete project.
<b>Participate in development of public transportation options for behavior health patients and the underserved</b>	<b>Host/ Coordinate meeting regarding transportation options with county, HMC, and Prairie View.</b>  <b>Review/update existing Policy and Procedure of NMC Health.</b>	Host meeting  Review P&P’s as they relate to transportation opportunities for underserved and behavior health patients.	Develop plan.	Implement Plan.
<b>CROSS-WALK</b>	Poverty, Employment, Child Care, Food Insecurity			
<b>PREVIOUS WORK</b>	2017-2020 CHIP; Interurban, Find a Way, Simply Safe, Regional Transportation, Walk & Roll Harvey Strategic Plan 2021-2024			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Chief Operating Officer-Todd Tangeman; Facilities Director-Shane Meier</b>				

**SOCIAL AND ECONOMIC GROWTH**

**Goal: Employment**

By June 2026,

Reduce the proportion of adolescents and young adults who are not in school or working. HP 2030-AH-09

- **Baseline:** 1.5%
- **Target:**
- **HP2030 Target:** 10.1%
- **Data Source:** Kansas Health Matters

Increase employment among the working-age people. HP2030-SDOH-02

- **Baseline:** 64%
- **Target:** 66%
- **HP2030 Target:** 75%
- **CHIP 2023 Target:** 66%
- **Data Source:** Census 2021 ACS 5-year estimates (Employment/Population Ratio)

**Workplace Safety**

<https://health.gov/healthypeople/objectives-and-data/browse-objectives/workplace/reduce-work-related-assaults-osh-05>

STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Job fairs	NMC Health will host one job fair each year.	Identify and participate in 20 job fairs for FY2024 (a combination of face to face and virtual).		
Scholarships Tuition Reimbursement	Educational benefits will be reviewed by the Human Resources department.	Review and update current practices by June 2024.		
Professional Development programming-Sterile Processing Tech, Phlebotomy, Nursing	NMC Health to explore formalized apprenticeship program for careers in Health Care.	HR to collaborate with Nursing and Lab Leadership on possible initiatives.  Consider engaging in partnerships with local schools or colleges.		
Youth Volunteer Program	Program to be initiated at the County level by the United Way Chairperson.	Investigate how NMC Health can engage with this program via the Director of Volunteer Services.		

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

<b>YMCA job prep program-needs funding; hosting student</b>	<b>Assess the role NMC Health might play in collaboration with other organizations and the YMCA to begin this program in Newton.</b>	The COO will monitor development of this program.		
<b>Project Search</b>	<b>Continue current partnership with Project Search.</b>	Classroom space will be provided for Project Search students within the hospital.		
<b>Kansas Big Brother &amp; Sisters</b>	<b>NMC Health employees serve as school-based matches for Kansas Big Brothers Big Sisters to help keep at-risk youth in school and connected to their community. This also gives them exposure to career opportunities available should they choose a career in healthcare. S.C.</b>	Evaluate feasibility - whether staff can participate during their work day and receive compensation. Determine policies necessary. Place 1-2 Bigs.	Sustain existing Bigs. Add another 1-2 Bigs. Goal of 4 by year end.	Sustain existing Bigs. Add another 1-2 Bigs. Goal of 6 by year end.
<b>CROSS-WALK</b>	Child Care, Housing, Poverty, Chronic Disease, Behavioral Health, Education; CTE at NHS; Economic Development Center			
<b>PREVIOUS WORK</b>	CHNA/CHIP 2020-2023			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Director of Human Resources-Jaime Lopez; Chief Operating Officer-Todd Tangeman; Director of Volunteer Services-Suz Mclver; Director of Marketing- Shelly Conrady</b>				

**SOCIAL AND ECONOMIC GROWTH**

**Goal: Food Insecurity**

By June 2026,

Eliminate very low food security in children. HP 2023 NWS-02

- Baseline: TBD
- Target: 0
- HP2030 Target: 0
- Data Source:

Decrease the percentage of children in Harvey County living with food insecurity

- Baseline: 15.3%
- Target: 13.5%
- HP2030 Target:
- CHIP 2023 Target: 17.5%
- Data Source: Kansas Health Matters

Decrease the percentage of Harvey County residents living with food insecurity. HP 2030 NWS-01

- Baseline: 10%
- Target: 8%
- HP2030 Target: 6%
- CHIP 2023 Target: 11%
- Data Source: County Health Rankings 2020

Number of people engaged in efforts

STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Explore location options for Harvey County Farmer’s Market Host a Farmer’s Market event on campus with Food Prep demonstrations	Assess ways to collaborate with existing programs and organization towards: <ul style="list-style-type: none"> <li>• Farmers Markets</li> <li>• Food prep demonstrations</li> </ul>	Host one Harvey County Farmer Market event on NMC Health campus.		
“Blessing Box” concept outside Emergency Room	Director of Volunteer Services will develop a proposal for a similar concept.	Proposal to be developed by December 2023.		
Work Partner with “The Porch”	Director of Volunteer Services will develop a proposal.	Proposal to be developed by December 2023.		
NMC Health currently donates to Circle of Hope	The Director of Food and Nutrition Services (FANS) will continue to support Circles of Hope with food donations.	Food donations will remain consistent.		
Shared Food Network	The COO will explore similar programs and assess what/how they could work at NMC Health.	Shared Food Network program investigated and reported to NMC Health CHNA group.		

**NMC HEALTH COMMUNITY HEALTH IMPROVEMENT PLAN FY2024-2026**

<b>Optimize participation in Meals on Wheels</b>	<b>The Meals on Wheels (MOW) program will continue to be part of the NMC Health FANS' daily purpose.</b>	Meals provided for MOW will remain constant or increase as need demands.		
<b>Support Meals on Wheels through its annual "Share the Love" gourmet box lunch fundraising event.</b>	<b>NMC Health will host the annual event, promote the program to increase awareness, provide volunteers, and donate funds.</b>	Host and support MOW's "Share the Love" fundraising event.		
<b>Contribute to community food bank.</b>	<b>NMC Health will make an annual donation to a community food bank during the holidays.</b>	Conduct an internal employee food drive for collecting food donations.		
<b>Emergency Food Bag from Caring Closet</b>	<b>NMC Health will develop emergency food and resource bag for underserved patients that express barriers at discharge. Emergency food and resource bag available through Caring Closet.</b>	NMC Health Case Management will prepare and distribute bags as need demands.		
<b>CROSS-WALK</b>	Transportation, Education, Child Care, Chronic Disease			
<b>PREVIOUS WORK</b>	Harvey County Food and Farm Council, Strategic Plan 2023-2028			
<b>DEPARTMENT/DIRECTOR RESPONSIBLE: Director of Volunteer Services-Suz Mclver, Director of Food and Nutrition Services-Randy Davis; Executive Director of Clinical Outcomes-Kara Ouellette; Chief Operating Officer- Todd Tangeman</b>				

<b>SOCIAL AND ECONOMIC GROWTH</b>				
<b>Goal: Health Literacy</b>				
<p>Improve Communication and Language Access for Individuals with Limited English Proficiency and Persons with Disabilities</p> <p><b>Healthy People 2030 Goals:</b></p> <ul style="list-style-type: none"> <li>• Increase the health literacy of the population. HP 2030 HC/HIT-DO1</li> <li>• Decrease the proportion of adults who report poor communication with their healthcare provider. HP 2030 HC/HIT-03</li> <li>• Increase the proportion of adults with limited English proficiency who say their provider explain things clearly. HP 2030 HC/HIT-02</li> </ul> <p>Base line: Demographics for Harvey County show 12.2% Hispanic/Latino. Language preference was not assessed on this CHNA</p>				
STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Educational event/communication plan to key stakeholders at NMC Health to increase understanding and awareness of disparities and why important to address them (with staff/public)	NMC Health will offer an educational event to key stakeholders regarding Health disparities and literacy.	Evaluate internal current practices and establish NMC Health standards for multi-language, readability and ADA communication.	Conduct internal education efforts and complete implementation plan.	One educational event will be offered by June of 2026.
Recruit member(s) of disparate communities to serve on Patient Family Advisory Council (PFAC) and pilot projects	Director of Volunteer Services will discern applicable candidates for this representation to the PFAC committee.	Assessment of applicability to the PFAC Committee.		
Financially support Kansas Pediatric Foundation literacy programs.	NMC Health will contribute to the “Turn a page, touch a mind” reading program for Kansas Pediatric Foundation.	Make an annual donation.		
DEPARTMENT/DIRECTOR RESPONSIBLE: Director of Volunteer Services-Suz Mclver, Director of Food and Nutrition Services-Randy Davis; Executive Director of Clinical Outcomes-Kara Ouellette				

SOCIAL AND ECONOMIC GROWTH				
Goal: Poverty				
<p>By June 2023,</p> <p>Reduce the proportion of people living in poverty HP 2030 SDOH-01</p> <ul style="list-style-type: none"> <li>• Baseline: 47%</li> <li>• Target: 45%</li> <li>• HP2030 Target: 8%</li> <li>• Data Source: Census ACS 2021</li> </ul> <p>Increase the proportion of people with health insurance HP 2030 AHS-01</p> <ul style="list-style-type: none"> <li>• Baseline: 89.4%</li> <li>• Target: 91%</li> <li>• HP2030 Target: 92.4%</li> <li>• Data Source: Kansas Health Matters</li> </ul> <p>Health outcomes of those living with poverty</p>				
STRATEGIES	ACTION STEPS	OUTPUTS		
		Short-term (6 mo. – 1 year)	Intermediate (1.5 - 2 years)	Long-term (2-3 years)
Attendance of elected officials at poverty simulation	NMC Health to host City and County elected officials 1x/year. Highlight awareness of SDOH and State of the Community Hospital.	Annual event scheduled.	Annual event scheduled	Annual event scheduled
Promote insurance options for those without insurance	NMC Health will use The Midland Group to help patients obtain Medicaid and/or other arrangements for paying hospital bills.  Community Benefit goal will be determined annually by the NMC Board of Directors.	Retain financial assistance group.  Meet annual Community Benefit contribution goal.		
Agencies hosting, physically and fiscally, Community Health Workers to assist those living in poverty to access services	NMC Health to host or attend a Bridges out of Poverty meeting to assess our ability to coordinate efforts.	Conduct feasibility assessment.		
CROSS-WALK	Housing, employment, chronic disease, education, behavioral health, transportation			
PREVIOUS WORK	Peace Connections/Circle of Hope			
DEPARTMENT/DIRECTOR RESPONSIBLE: Chief Clinical Officer-Heather Porter; Executive Director Clinical Outcomes-Kara Ouellette; Chief Financial Officer-Todd Kasitz; Chief Executive Officer-Val Gleason; Organizational Educator-Julie LaCombe.				



## GLOSSARY OF ABBREVIATIONS

ADA – American Diabetes Association (page 5)  
 ADA – Americans with Disabilities Act (page 22)  
 APNCU – Adequacy of Prenatal Care Utilization  
 BP – Blood Pressure  
 CCO – Chief Clinical Officer  
 CCM – Community Case Manager  
 CHIP – Community Health Improvement Plan  
 CHNA – Community Health Needs Assessment  
 COO – Chief Operating Officer  
 CTE – Career & Technical Education  
 EDCO – Executive Director of Clinical Outcomes  
 EMC – Early and Middle Childhood  
 FANS – Food and Nutrition Services  
 FP – Family Planning  
 HDS – Heart Disease and Stroke  
 HH – Household  
 HHC – Healthy Harvey Coalition  
 HIT – Health Information Technology  
 HMC – Health Ministries Clinic  
 HP – Healthy People  
 HR – Human Resources

HRO – Hospital Resource Officer  
 ICC – Interagency Coordinating Council  
 KDHE – Kansas Department of Health & Environment  
 LMSW – Licensed Master Social Worker  
 MICH – Maternal, Infant, and Child Health  
 MOW – Meals on Wheels  
 NHS – Newton High School  
 NPD – Newton Police Department  
 NWS – Nutrition and Weight Status  
 OSHA – Occupational Safety and Health Administration  
 PFAC – Patient and Family Advisory Council  
 P&P – Policies & Procedures  
 SBHC – Senior Behavioral Health Center  
 SDoH or SDOH – Social Determinants of Health  
 STI – Sexually Transmitted Infections  
 TBD – To be determined  
 TEAM – Techniques for Effective Aggression Management  
 VP – Vice President  
 WIC – Women, Infants, and Children  
 USPSTF – United States Preventative Services Taskforce



This document was reviewed and approved by the  
NMC Health Board of Directors on September 7, 2023.

Questions and concerns about NMC Health's Community Health Implementation Strategy may  
be directed to the Department of Quality Management via email to  
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