# **Community Health Needs Assessment - 2022**

Clay County Medical Center and Clay County Health Department

# **Community description**

Since 1962, Clay County Medical Center (CCMC) has been serving the healthcare needs of Clay County and surrounding communities. CCMC is a 25-bed critical access hospital located in Clay Center, Kansas. With almost 300 full- and part-time employees, the hospital is a major employer in Clay County. CCMC has an active medical staff of nine family practice physicians and eight mid-level providers. More than 30 physicians from the region staff the surgery, cardiac, and specialty clinics.

The objective of the Clay County Community Health Needs Assessment (CHNA) is to determine health needs from the perspective of the community in collaboration with the health providers for the community. This report summarizes the plans for CCMC to sustain and develop community benefit programs that address prioritized needs from the 2021 CHNA conducted by CCMC and the Clay County Health Department (CCHD).

# **Targeted Areas and Populations**

Clay County is a rural county located in North Central Kansas and has a population of 8,077 according to the latest Census estimates, just slightly down from 8,117 in the 2020 Census.

Just less than half of the population is rural. Population density is 13.2 people per square mile.

Clay Center is the county seat and has a population of 3,959. The racial makeup of the county is 95.7% white and 50.4% of all residents are female. Median household income in the county is \$47,880 compared to the state with \$55,477. The portion of the population that lives below the poverty line is 9.8%. In addition, 40.6% of the school children qualified for free or reduced school lunch in the 2020-2021 school year.

# Methodology

This CHNA is the fourth assessment for Clay County. The survey used was based off the original assessment, but reviewed and updated through a collaboration between CCMC and the CCHD.

Public health data was reviewed and interviews were conducted. The Clay Center Chamber of Commerce and Clay County Economic Development Group, now called Grow Clay County, promoted surveys which were made available via Survey Monkey from their website. Surveys were also distributed to social service providers in the county and through many large employers and businesses in the community.

The COVID-19 pandemic did cause information gaps in the process. We did not have the traditional opportunity to distribute surveys through events and organization meetings like in the past. This may have skewed the results of the survey to people who had access to computers to complete the survey online.

The findings from the survey were tabulated by the CCHD. After completion of the assessment in 2021, a set of criteria was used to evaluate the list of health needs and priorities identified through the assessment process. The criteria included the number of people affected, availability of community resources, and the seriousness of the issue. From that, action plans were formulated.

# Identify and prioritize significant health needs

Through our CHNA survey, when asked to rank the most important health conditions in the community, rate topics that would make Clay County a healthier place to live, identify behaviors that have the greatest impact on the community, and barriers that prevent us from solving health issues, three issues were identified as prioritized health needs for the community and three were identified as underlying health concerns:

#### PRIORITIZED HEALTH NEEDS

# Important to address to make Clay County a healthier place to live:

Healthy Lifestyles and Behaviors
Parks and Recreation Availability
Affordable Housing

### **UNDERLYING HEALTH CONCERNS**

# Health concerns within our community

Alcohol, Tobacco and Drug use – Underage and Adult.

Nutrition and Exercise

Dropping out of School

### Barriers were identified as:

Openness to Change
Funding for Health Initiatives
Community Awareness

# Description of local health care facilities

- Advena Living of Clay Center Senior Living/Care
- Liberty Place Senior Living of Clay Center Senior Living/Care
- Clay Center Presbyterian Manor Senior Living/Care
- Clay County Medical Center Hospital
- Clay Center Family Physicians Family Practice/Medical Clinic
- Meadowlark Hospice Hospice Care
- Pawnee Mental Health Mental Health Services
- Erickson Medical Clinic, LLC Medical Clinic
- Wakefield Care and Rehab Senior Living/Care
- Clay County Health Department County Health Department

- Mark A. Chapman Wellness Center Fitness Center
- Cross Fit of Clay Center Fitness Center
- Early Head Start Child care/education
- Judith Bunting Mental Health Services
- Stillwell Counseling Services Mental Health Services
- Clay Center Family Dental Care Dental Care
- Ferguson Dental Dental Care
- Patterson Health Mart Pharmacy Pharmacy
- Patterson Apothecary Pharmacy
- Ferguson Rexall Drugs Pharmacy
- Prairie Winds Chiropractic Chiropractor
- Pyle Chiropractic Chiropractor
- Friendship Meals Providing meals to elderly and handicapped households noon /weekdays
- Keep Living At Home Senior Care Home Health Care
- In-Home Services—Frail Elder Care-Clay County Health Department
- Lighthouse for Christ Thrift Store
- River Valley District Extension Office Youth Development, Home & Family Support,
   Adult Development and Aging Support
- USD 379 Parents as Teachers Consortium Community Organization for support and encouragement for parents to help children develop optimally
- USD 379 Twin Lakes Cooperative—Special Education ages 0-22
- Big Lakes Developmental Center—Adult Developmental Disability

### Peer review

Besides being made generally available to the public, this updated CHNA will be distributed to all healthcare-related entities in Clay County and input will be solicited on the results of the survey. Any input will be used to develop annual updates for the Implementation Strategy. After the three-year cycle, the input and the updates will be used to develop the next CHNA round.