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Community Health Needs Assessment

Implementation Strategy

for fiscal years 2022-2024

Priority: Mental Health/Mental Health Providers

Goal 1: Expand mental health services available at KHC.

Strategy:

- 1) An Advanced Practice Provider in the Family Clinic will complete formal training and certification in psych/mental health. Upon completion, KHC will proactively increase access to mental health services in the primary care setting.
- 2) KHC has partnered with Senior Life Solutions to bring geriatric psychiatric clinical therapy services, provided in the outpatient setting.
- 3) A Licensed Social Worker has joined the KHC team. She has developed a Caregiver Support group, aimed at providing mental and emotional support to those caring for a loved one suffering from debilitating illness (such as Alzheimer's).
- 4) Sports Physicals for school-aged children have been expanded into comprehensive annual wellness visits. This encounter evaluates mental well-being through targeted risk factors such as social media, alcohol/tobacco use, peer interaction, etc.

Goal 2: Increase community awareness.

Strategy:

- 1) While mental health provider availability locally are of vital importance, KHC also believes awareness is equally important. To that end, KHC continues to offer Mental Health First Aid courses. These are being made available to educators, medical providers, and the general community-at-large.
- 2) KHC, in partnership with the Kingman Healthcare Center Foundation, is sponsoring a 5k color-run dedicated to suicide awareness.

Priority: Primary Care Physicians

Goal 1: Recruit two primary care physicians to join the KHC medical staff.

Strategy:

- 1) Additional primary care providers have been employed over the last year.
 - a. Tyler Antenen, PA
 - b. Dennis Kalmar, PA

While the recruitment of both advanced practice providers has proven exceptionally beneficial, the need for physicians (MD or DO) remained. KHC has successfully recruited two physicians, currently completing residency, to join the medical provider team.

- a. Joe Gerber, MD June 2023.
- b. Jeremy Lickteig, MD June 2024

Priority: Disease Prevention & Management: Adult Obesity, Heart Disease, Cancer

Goal 1: Implement dedicated Chronic Care Management program in both Rural Health Clinics.

Strategy:

 Medicare and other commercial insurance companies now recognize and promote dedicated chronic care management programs. KHC will work with patients to develop a comprehensive care plan, person-centered support for managing chronic conditions, and a designated care team.

Chronic Care Management Services Summary:

- Initiating visit to assess medical, functional, and psychosocial needs.
- Coordinate timely recommended preventive services.
- Oversee medication self-management.
- Manage care transitions between and among providers and settings.

An internal feasibility study will initiate this strategy to determine capacity among existing care teams versus partnering with a third party to assist in program oversight.

Goal 2: Hold three wellness campaigns/events each year.

Strategy:

- 1) This goal was identified in the 2019 CHNA implementation strategy; however, progress was minimal because of the COVID-19 pandemic. KHC will re-energize this important opportunity through community outreach in community groups such as Lyons Club, churches, Rotary Club, Senior Center, and CORE.
- 2) Using the Kansas Hospital Association health observances calendar, promote one awareness campaign monthly (i.e., Breast Cancer Awareness Month)

Goal 3: Partner with school system.

Strategy:

1) KHC believes that disease prevention can and should start at an early age. To that end, a feasibility study will be completed for placing an advanced practice provider in the schools on a regular rotating basis.

Chairman, KHC Governing Board

Fran CEO Aug 29, 2022