

2021 CHNA Implementation Plan - Nemaha County (KS)- Sabetha Community Hospital

Assessment #4 2021 CHNA Health Needs Implementation Plan - Year 1 (2022) of 3 (For period 1/1/22 to 12/31/24)

n	CHNA Health Areas of Need		"Specific Actions" to Address Community Health Need or "Reasons Why Hospital Will Not" Address Need	Identified "Lead"	Identified Partners	Timeframe	Labor (Hours)	Direct Expense \$\$
1	Access to Mental Health (Diagnosis, Placement, Aftercare & Public Education)	a	Continue to educate ER staff regarding mental health delivery issues. Specifically share available resources, offer education courses to keep staff current in terms of treating mental health.	SCH	Stormont Vail, NCCHS, Children's Mercy, United 4 Youth	by 12/31/24		
1	This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.	b	Research feasibility of a Licensed Mental Health provider(s) in the RHC. Potentially expand telepsych delivery options by working closely with potential partners & staff physicians.					
1		c	Explore potential space for MH services within the hospital or RHC. i.e. KANZA Mental Health, Horizon Mental Health					
1		d	Collaborate with community elementary, middle, and high schools to educate students on mental health.					
1		e	Create a Mental Health information page on the SCH website. Include listing of providers with contact information, available support groups and church based programs.					
1		f	Continue to improve Mental Health prevention and awareness through training in Mental Health First Aid. (for Adults and Youth). Provide mental health service "first aid" training for hospital staff (with an emphasis on ER staff, physicians and social workers), law enforcement, schools, and other first responders in the community.					
		g	Participate in the Health Innovations Network of Kansas (HINK) behavioral health task force.					
1		h	Research / Investigate grants and grant writing to fund mental health. Use grant funding to support mental health care and mental health prevention.					
1		i	Explore the availability of a 24-hour crisis hotline through other state or national providers.					
2	Suicide Prevention	a	Support Suicide prevention training at schools through SCH social services and mental health services as they are developed.	United 4 Youth				
2	This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.	b	Continue to educate public on Suicide prevention. Include awareness of services and available resources as a component of the annual wellness visit for Medicare beneficiaries.					
2		c	Provide financial support as requested for specific Suicide prevention efforts related to activities in local schools.					
3	Affordable Housing	a	Investigate grant writing to fund public / safe housing. If available, designate community lead to work to attain the necessary grant.	Nemaha Co & PSA Cities	State of KS / Federal Gov			
	This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.	b	Create a County Housing Development Plan that would address affordable and safe housing for community residents.					
		c	Encourage banks to offer mortgage loans to first time home buyers or aid in improving existing homes.					
		d	Establish re-home store for low cost renovation items. Partner with local businesses for appliance donation options (if someone buys a new appliance, donate the old one to those who need it).					
		e	Explore the area and process of building a new apartment complex for young families and potentially the elderly as two separate developments.					

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4	Child Care Options	a	Research current area Child Care capacity with the idea of growth in mind. Report area vital statistics regarding child care providers to community. Recruit child care providers to fulfill need at those facilities.	Nemaha Co & PSA Cities	North Ridge Family Dev Ctr, PSA Employers			
4	This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.	b	Collaborate with local schools, Wellness Center, churches, etc. to provide child care services for community. Include before and after-school programming.					
4		c	Conduct Child Care Support education i.e. teen babysitting, CPR classes.		Kansas State Extension			
4		d	Educate young families on child care community options / resources. Utilize advertising and media outlets to keep the community aware of childcare available.	Nemaha County Community Health Services, State of Kansas				
4		e	Enhance partnerships among the parents and school districts for additional child care programs.					
4		f	Explore additional support for working parents (especially single) on making enough \$\$ for child care so they can continue to work or provide available resources for assistance.					
4		g	Support the addition of autistic/special needs child care services through pediatric occupational therapy provided through the SCH Rehabilitation Department.					
4		h	Launch AD campaign to recruit Child Care firms to county to serve PSA.	Child Care Aware of Kansas				
4		i	Provide training opportunities (work shop) for local firms to start child care services.	Child Care Aware of Kansas				
5	Drug & Alcohol Abuse	a	Continue to expand & develop meaningful community youth activities. Continue to explore prevalent issues leading to adolescent drug abuse. Expand Drug Education Programming at local Schools focusing on alcohol/tobacco/drug education (i.e.SADD). Apply for grants to help assist with growing these resources.	United 4 Youth	Nemaha Co, PSA Schools / Cities / Liquor Stores / Law Enforcement & Clergy, SCH			
5	This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.	b	Research/pursue Opioid Implementation Grant for period 2022-2024. Collaborate with law enforcement and medical providers on grant request.					
5		c	Continue to support community substance abuse counseling. Establish / maintain a resource list for addiction treatment. (Adult & Youth). Communicate Recovery support system partners. Create or refer programs to help addicts and their families.					
5		d	Continue to support Prescriptions Takeback Service at local police departments.					
5		e	Continue with hospital Pain Clinic services; offering homeopathic and alternative treatment options. Encourage the use of alternative therapies to reduce prescriptions of opioids. Maintain up to date provider education/training.					
5		f	Continue social media education to combat drug abuse and educate on the ramifications. Understand prevalent issues leading to drug abuse in the community.					

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5		g	Continue to monitor prescription drug abuse (Utilizing KTRACS). Create an alert system between physicians and pharmacies for drug abuse.					
5		h	Provide education/maintain referral resource list/professionals for SCH ED staff.					
6	Exercise / Fitness Options	a	Maintain inventory (hours / programs) of fitness centers in Nemaha County. Continue to promote "free" fitness activities within the community - Zumba, water aerobics, family swim, fun run/walk etc. utilizing the community calendar and DOH social media page.	Sabetha Health and Wellness	Nemaha Co Health Dept, K-State Extension, PSA Nutr Ctr / Schools / 4H / Rec Dept. / Parents as Teachers & Food Stores			
6	This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.	b	Support youth physical activity programs through schools or city Parks and Rec.					
6		c	Continue expansion for Parks & Rec to get full utilization of this new available resource. Spread awareness of this new service coming and/or create a social media page for updates, events, or classes the community can engage in.					
6		d	Explore PSA launch of new "Cheap Days" exercise program. Partner with fitness providers to reduce membership prices to community members.					
6		e	Promote current features and upcoming features to encourage community participation and usage (Walking trails, indoor and outdoor facilities). Continue cost-assistance programs to increase accessibility for community members.					
6		f	Continue to promote / provide "free and/or low cost" sports physicals / wellness examinations with school parents.		Sabetha Family Practice			
7	Lack of "Owning Your Own Health"	a	Promote Health Ed Activities using both traditional & social media to reach all populations. Use PSA websites - Continue to support nutrition / wellness education in the schools	Nemaha County Health Department	SCH, PSA Schools, Nutr Ctr, 4H, K-State Extension and Highland College.			
7	This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.	b	Continue / restart back to school Carnival. Partner with Rec and Parks to promote these activities. Continue Health Fair activities with fair booths (& topics) etc.					
7		c	Continue with DCH screenings during "Hospital Week" and research offering private wellness testing at the hospital. Research health fair for the community.					
7		d	Cooperate with community health entities, such as County Health Department, to promote early detection and treatment for cancer, heart disease and diabetes.					
7		e	Create a Reminder Program to encourage residents to visit their providers regularly for preventative screenings. Utilize Wellness Visits through Medicare.					
7		f	Host Lunch & Learns to educate community on Health & Wellness practices / Social Service Programs. Promote community health programs and create an effective media campaign. Continue health articles in the monthly out-patient calendar.					
7		g	Continue/ Launch County Health Department Monthly Wellness Challenge to bring people together to participate in wellness/exercise activities.		Sabetha Health and Wellness			
7		h	Partner with area Fitness & Wellness Centers to promote community wellness.		Sabetha Health and Wellness			

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8	Youth Health Education	a	Emphasize health education with focus on chronic health, smoking/tobacco/vaping, increased seat belt usage, exercise, nutrition, and sex education.	NCCHS	SCH, PSA Schools Nutr Ctr / 4H / Hlth & Wellness Ctr, K-State Extension and United for Youth.			
8	This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.	b	Continue to conduct or be involved with local 'health fairs' to educate local community members on the healthcare services offered in the community. Partner with fitness and wellness centers to support, provide education, and promote community wellness. Continue to support hunter safety courses.		SCH, Sabetha Health and Wellness			
8		c	Host learning sessions (monthly) to educate community on Health & Wellness practices / Social Service Programs. Collaborate with schools, churches, and DOH to offer health education opportunities, programs and/or health fairs.					
8		d	Partner with DOH, schools, and EMS for local CPR education/certification for adults and infants, perinatal classes, infant car seat safety checks, and babysitting courses/classes.					
8		e	Create a new community educational series focusing on cooking demos, food labels, grocery store tours, restaurants healthy meals / portions options, health fairs, classes, speakers.	SCH				
9	Cancer	a	Collaborate with local chapters of American Cancer Society. Provide cancer screenings and awareness activities. Utilize health portals to notify patients about appropriate screenings and reminders of upcoming screenings due based on age and/or history. Collaborate with PC providers to keep them engaged with their patients on the screening upkeeps.	SCH	Amer Cancer Soc, PSA Visiting Specialists, , Home Health, Hospice, KU Med			
		b	Increase education on importance of preventive health care visits in early cancer detection and successful treatments. Collaborate with women's health providers to ensure female population is receiving yearly mammograms.					
		c	Develop campaign to education community of ways to protect themselves from different forms of cancer such as proper sun screen usage to prevent skin cancer, smoking cessation to prevent lung cancer, etc. Collaborate with schools for youth education on these topics.					
		d	Explore opportunity for local chemotherapy services. Strengthen relationship with oncology providers to expand out patient clinics.					
		e	Develop best practice workflow to ensure patients get referred to the appropriate end of life care service in a timely manner. (hospice)					