

*Community Health
Implementation Strategy
For Fiscal Years Ending April 30,
2019*



KINGMAN
COMMUNITY
HOSPITAL

Introduction

The Kingman Community Hospital is a 25-bed, Critical Access hospital, located on a four-acre site in Kingman, Kansas. A seven-member Board of Directors governs the Hospital and ensures that medical services are available to the residents of Kingman County and surrounding areas.

In 1998 the corporation, Kingman Community Hospital, Inc. changed its name to Ninnescah Valley Health Systems, Inc. The corporation includes Kingman Community Hospital, the Medical Arts Center, Kingman, Cunningham Clinic, and Donley Memorial Clinic. Continued operations has led to expanded services Oncology Department, five exam rooms, a procedure room and a physician workroom. Administrative offices and Admissions were relocated to the addition, making possible the expansions of Cardiac Rehab, Nuclear Medicine and Dietary Departments.

Identifying Health Needs

A community health needs assessment was conducted from January 2019 to April 2019. Community input was provided through key stakeholder interviews, including representatives from:

- ✓ Social service agencies
- ✓ Local school systems
- ✓ Local city and county government
- ✓ Churches
- ✓ Medical providers

Population demographics and socioeconomic characteristics of the community were also gathered and reported utilizing various third parties. The health status of the community was then reviewed. Information on the leading causes of death and morbidity information was analyzed in conjunction with health outcomes and factors reported for the community by CountyHealthrankings.org and other third parties.

This data was analyzed and reviewed to identify health issues of uninsured persons, low-income persons and minority groups, and the community as a whole. The Hospital engaged a leadership team to review the health needs and priority areas were determined based on assessment of the qualitative and quantitative data. Identified needs were prioritized based on the following criteria:

- 1) How many people are affected by the issue?
- 2) What are the consequences of not addressing this problem?
- 3) Prevalence of common themes
- 4) Alignment with the Hospital's resources

As a result of the analysis described above, the following health needs were identified as the most significant health needs for the community:

- Chronic disease prevention and management, such as heart disease, lung disease, etc.

- Services available to identify and treat mental illness and mental health.
- Cost of healthcare primarily in regards to prescription medication.
- Lack of health knowledge and awareness of services.

PRIORITY 1: Chronic disease prevention and management, such as heart disease, lung disease, etc.

Goal 1: Hold 3 wellness prevention campaign's per year – Mammography, Colonoscopy and Annual Wellness Visits.

- Strategies:**
- A. Our newly implemented clinic EMR can run reminder reports. From these reports, we will reach out to the patients to encourage them to make prevention appointments.
 - B. Implement a newsletter that highlights 'great patient stories' from patients that scheduled preventative appointments and because of it, had good outcomes.

Goal 2: Hire Dietician to educate community on eating healthy

- Strategies:**
- A. Start a monthly diabetic meeting and have dietician consult with patients on healthy eating.
 - B. Implement new healthy eating strategy with hospital meals and a more balanced diet while patients are admitted.

Goal 3: Implement a nurse coordinator

- Strategies:**
- A. Make contact with patients after discharge from KCH and schedule follow up appointments and send reminders to have labs drawn regularly and timely.
 - B. Make home visits to patients to reconcile medications and check up on compliance to instructions.

PRIORITY 2: Services available to identify and treat mental illness and mental health.

Goal 1: Specialty Clinic offering for Psychiatrist

- Strategies:**
- A. Implement through our Telehealth services a new outpatient clinic psychiatrist that is available for appointments monthly

PRIORITY 3: Cost of healthcare primarily in regards to prescription medication.

Goal 1: Strategize with local pharmacies on medication programs that allow prescription discounts.

- Strategies:**
- A. Contact pharmacies including the retail pharmacies to discuss discount options**
 - B. Kingman Community Hospital offer a discount program, so patients that qualify for Financial Assistance can buy prescriptions at reduced pricing through the hospital**

Goal 2: Educate the KCH providers on generic options versus brand/formulary options.

- Strategies:**
- A. By educating our providers, they can educate the patients on the cost difference and review pros and cons of generic versus brand.**

PRIORITY 4: Lack of health knowledge and awareness of services.

Goal 1: Quarterly Newsletter

- Strategies:**
- A. Implement a quarterly newsletter that is distributed to all homes in Kingman County**
 - B. Highlight services offered at KCH**

Goal 2: Using Social Media, post articles about healthcare policy, healthcare reimbursement and wellness tips

- Strategies:**
- A. Post a weekly blog relating to healthcare policy, healthcare reimbursement and wellness tips**
 - B. Spring Health Fair – Continue to participate and expand the community health fair.**

Next Steps

This Implementation Plan will be rolled out over the next three years, from FY 2020 through the end of FY 2022. The Medical Center will work with community partners and health issue experts on the following for each of the approaches to addressing the identified health needs:

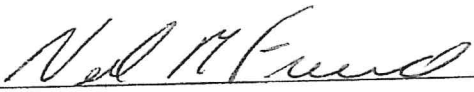
- Develop work plans to support effective implementation
- Create mechanisms to monitor and measure outcomes
- Provide on-going status and results of these efforts to improve community health

Kingman Community Hospital is committed to conducting another health needs assessment within three years.

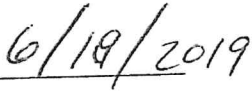
Adoption/Approval

Kingman Community Hospital's Board of Directors approves the Implementation Strategy that has been developed to address the priorities of the Community Health Needs Assessment conducted in FY 2019.

The Hospital will utilize this Implementation Strategy as a roadmap to collaborate with their community to address the priorities, particularly for the most vulnerable.



Chair, Kingman Community Hospital's Board of Directors



Date