

Community Health Needs Implementation Strategy

Priority #1: Promote health, wellness, and chronic disease prevention.

- Emphasize Health education with focus on Hypertension, Diabetes, Smoking Cessation and Increased Seatbelt Usage.
- Continue to educate public in other areas.

Nemaha Valley Community Hospital intends to meet the need of this priority in the following ways:

- 1. Continue working with the Marketing/Education Committee on ways to best educate the public.
- 2. Partner with Seneca Family Practice to provide education to the patients they serve.
- 3. Look into partnerships with local police as well as local schools in regards to seatbelt usage and smoking prevention.
- 4. Work with hospital's diabetic educator and dietitian to focus on diabetic efforts.
- 5. Work with hospitals respiratory therapy department to assist with smoking cessation program.

Priority #2: Improve access to mental health assistance.

- Emphasize social, emotional, and spiritual wellness in addition to physical wellness. (Continued from 2012)
- Improve personal need recognition, provider response. (Continued from 2012)
- Enhance access to a range of mental health services and providers. (Continued from 2012)
- Focus some of our efforts towards suicide prevention/education.
- Focus specifically on increasing mental health services in our local nursing homes.

The Nemaha Valley Community Hospital intends to meet the need of this priority in the following ways:

- 1. Continue to provide education to the public about mental health issues and available resources. Education will be provided by the social services department.
- 2. Continue to look into the possibility and feasibility of finding additional mental health agencies or individuals to provide psychological services in our area including geriatric psychiatry in the nursing homes.
- 3. Explore ways to prevent suicide and look into partnering with other agencies for help in this area.
- 4. Continue to provide the online mental health screening and work on promoting it to reach its full potential.

Board President

Jim Runnebaum

CEO NVCH

Stan Regehr